

KUR LIVESTREAM YOGA

Due to COVID-19 and lack of in-person participation, we are suspending in-studio classes until further notice. In the meantime, join us from the comfort of your home! Just register as normal and we will email you a link to Zoom with instructions the day before class.

All classes are 60 mins starting at 9:30am

Mon	Tue	Wed	Thu
Slow Flow	Vinyasa Flow	Yoga Sculpt	Vinyasa Flow
Stacey	MaryAnn	Megan	MaryAnn



Fri	Sat	Sun
Yin Yoga	Yoga Sculpt	Vinyasa Flow
Stacey	Megan	Trey

All classes will be recorded. If you registered and paid, and miss the live class, a link will be emailed to you to of the recorded class, which will be available for 48 hours.

REGISTER online or call 732-361-8956 to reserve your space.

New students: to enroll in your first **FREE Livestream** class, call 732-361-8956 or email info@kurstudios.com. Be sure to provide the class you'd like in along with your full name and phone number when you contact us.

New to Kur? Online Registration Instructions

Sign up for a MindBody account. Just click anywhere on our website where it says **Sign up for a Class** and create a new account.

It is important, for all members, to **VERIFY YOUR EMAIL** is typed in correctly since after you appear in our MindBody roster, we will separately email you a link to Zoom with instructions.

Optional: Download the MindBody app to your mobile phone and search for Kur Wellness Studios. Add us as a favorite to easily access us on this powerful app.

Yoga Class Pricing

Drop-In: **\$15**

10-Class Pack: **\$125** (\$12.50 each)

20-Class Pack: **\$225** (\$11.25 each)

1-Month Unlimited: **\$90** (or **\$79** in our Club)

First-Month Unlimited: **\$45** (new students)